



*the*  
**SOWBO**  
*edition*

# THE RANDOM ACTS OF KINDNESS CHALLENGE

This challenge provides ideas on how you can spread kindness and love while also supporting women entrepreneurs. The actual challenge: Complete as many as you can!



# ACTS OF KINDNESS

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- 1 Buy cookies from a woman owned bakery & gift to someone
- 2 Leave a 5 star review on someone's business profile
- 3 Send a fellow entrepreneur lunch via Uber Eats or DoorDash
- 4 Leave lots of comments, likes, & love on another woman's social media channel
- 5 Treat a fellow entrepreneur to coffee
- 6 Buy flowers from a local, woman owned florist and deliver them to a nursing home
- 7 Publish a video testimonial to your profile or a group promoting another woman in business
- 8 Send a fellow entrepreneur an encouraging card in the mail
- 9 Give another woman a compliment and tell them they look beautiful
- 10 Give another entrepreneur a copy of a book that changed your life



# ACTS OF KINDNESS

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| 11 | Donate clothes to a local womens shelter                                       |
| 12 | Mentor another woman entrepreneur who is in the rise                           |
| 13 | Give a fellow entrepreneur a hug   |
| 14 | Host a game night / girls night  |
| 15 | Ask a friend to go on a walk   |
| 16 | Drop off a freezer meal for a busy mompreneur                                  |
| 17 | Send someone you admire a direct message - tell them of your admiration.       |
| 18 | Find a waitress with a big dream and leave a generous tip                      |
| 19 | Post a video testimonial or shout-out in the SOWBO group about a fellow member |
| 20 | Say a special prayer over someone that you wouldn't normally pray for          |



# ACTS OF KINDNESS

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- 21 | Post encouragement to the SOWBO group
- 22 | Bake & deliver cookies to a hard working woman
- 23 | Buy a gift from a local, woman owned boutique and surprise someone with a gift
- 24 | Reach out to a fellow entrepreneur that you haven't spoken to in a long while - check in on them!
- 25 | Volunteer at a local entrepreneur center
- 26 | Ask a fellow entrepreneur their most recent win and celebrate it with them
- 27 | Pay it forward in line! Pay for someone's meal / groceries / coffee behind you in line
- 28 | Offer to babysit or pet sit for a mompreneur - she she can have a break!
- 29 | Send a text to a fellow entrepreneur telling them how wonderful they are.
- 30 | Host a virtual meetup of women entrepreneurs just for the sake of building authentic community





## BE KIND, BABE!

Keep in mind that this list is filled with ideas that may or may not work, depending on where you live. However, there are many ways you can spread kindness in the world and support your local entrepreneur community. Feel free to turn these ideas into your own creations!

*Amanda*

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